



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ANYONE CAN MAKE A SPLASH



WATERinMOTION® is a fun and energizing aqua program that will get you moving.

WATERinMOTION® addresses aqua-specific choreography and supplies an intergenerational music selection that will have your participants singing along in no time.



Distributed by:
SCW



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ANYONE CAN MAKE A SPLASH



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EVENT:

DAY/DATE:

TIME:

LOCATION:

WHO SHOULD COME:

TO ATTEND:



Distributed by:





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**ANYONE CAN
MAKE A
SPLASH**



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EVENT:

**WATERinMOTION®
LAUNCH**

DAY/DATE:

Monday, April 29TH

TIME:

6:00pm - 9:00pm

LOCATION:

**MUSCLE YMCA
1313 Quadricep Lane
Tricep Corners, WI 60067
888-777-5467**

WHO SHOULD COME:

**Everyone! Men, Women and Children!
Bring your family and friends to this event!**

TO ATTEND:

**Come to this exciting event! Bring a non-member
and attend for FREE! Enjoy fun give-aways,
fantastic raffles and membership discounts!
Don't miss out!**





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FREE CLASS PASS



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DAY(S) _____ TIME(S) _____

LOCATION _____

ADDRESS _____

CITY _____ STATE _____



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SCW

Tear off the bottom portion and hand in at the facility

ATTENDEE'S INFORMATION

NAME _____

CELL PH (_____) _____

HM/WK PH (_____) _____

EMAIL _____

PLEASE CHECK ONE: MEMBER NON-MEMBER



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I agree to hold harmless _____, their company, owners, directors, employees, instructors, trainers, staff, staff and sponsors from any and all liability arising out of this event/class including, but not limited to: muscle strains, tears, pulls, broken bones, miscarriage, death and any and all illness, or loss of my personal property. I understand the risks involved with participating in this strenuous event and may attest that I am in sound physical condition. I also understand that I may be videotaped, audio-recorded and/or photographed during this event and _____ may use the images for any and all purposes.

WATERinMOTION® LAUNCH SIGN-UP

EVENT:

DAY/DATE:

TIME:

LOCATION:

	NAME	EMAIL ADDRESS	CELL PHONE	OTHER PHONE
1.				
2.				
3.				
4.				
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21.				



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JOIN OUR WATERinMOTION® TEACHING TEAM GO FROM THE POOL TO THE DECK



WATERinMOTION® is a fun and energizing aqua program that will get you moving.

- If you have a passion for change, and love to help others...
- If you've thought about teaching, but need the tools...
- WATERinMOTION® provides you all the tools to succeed including music, cuing and support - we give you everything! Bring your passion for fitness and a willingness to learn and you're on your way. Contact our Healthy Living Department today!

Please Contact:

NAME:

EMAIL:

PHONE:

	CONTACT	EMAIL	PHONE	BEST TIMES TO REACH:
1				
2				
3				
4				
5				
6				



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